

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 1  
22-10-16 - 9:30

Dames, 400m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 6:11.61; 12: 5:52.54; 13: 5:38.42; 14: 5:30.35; 15: 5:19.70; 16: 5:10.71; 17: 5:07.55; 18: 5:00.08; 19 +: 4:55.64

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
<b>11 ans</b>							
1.	SALTYSIAK, Cecilia	05	MHN	USA	5:55.87	<b>5:26.37</b>	
	50m: 35.19	35.19	150m:			250m:	350m:
	100m: 1:15.84	40.65	200m:	2:39.34		300m:	400m: 5:26.37
2.	DUBREUCQ, Magdalena	05	BCSG	BEL	5:37.91	<b>5:31.19</b>	
	50m: 37.44	37.44	150m:			250m:	350m:
	100m: 1:18.60	41.16	200m:	2:43.88		300m:	400m: 5:31.19
3.	DRUEZ, Lena	05	BCSG	BEL	5:34.29	<b>5:31.50</b>	
	50m: 37.86	37.86	150m:			250m:	350m:
	100m: 1:20.46	42.60	200m:	2:47.75		300m:	400m: 5:31.50
4.	CAULIER, Jeanne	05	ESP	BEL	6:01.78	<b>5:42.16</b>	
	50m: 37.19	37.19	150m:			250m:	350m:
	100m: 1:18.94	41.75	200m:	2:46.10		300m:	400m: 5:42.16
5.	MERESSE, Céline	05	BST	BEL	5:45.88	<b>5:44.97</b>	
	50m: 36.62	36.62	150m:			250m:	350m:
	100m: 1:17.58	40.96	200m:	2:45.56		300m:	400m: 5:44.97
6.	SMETTE, Maïa	05	ESP	BEL	NT	<b>6:29.33</b>	*
	50m: 39.75	39.75	150m:			250m:	350m:
	100m: 1:29.06	49.31	200m:	3:11.21		300m:	400m: 6:29.33
<b>13 ans</b>							
1.	VALLÉE, Laurane	03	ESP	BEL	4:41.34	<b>4:40.12</b>	
	50m: 32.69	32.69	150m:			250m:	350m:
	100m: 1:08.22	35.53	200m:	2:20.02		300m:	400m: 4:40.12
2.	BRAL, Marie	03	DM	BEL	5:21.11	<b>5:16.81</b>	
	50m: 36.67	36.67	150m:			250m:	350m:
	100m: 1:17.01	40.34	200m:	2:38.56		300m:	400m: 5:16.81
3.	WATTIAUX, Julie	03	ENLN	BEL	5:30.57	<b>5:24.46</b>	
	50m: 37.48	37.48	150m:			250m:	350m:
	100m: 1:17.76	40.28	200m:	2:39.47		300m:	400m: 5:24.46
4.	SALTYSIAK, Maria	03	MHN	USA	5:47.43	<b>5:26.86</b>	
	50m: 37.31	37.31	150m:			250m:	350m:
	100m: 1:15.78	38.47	200m:	2:39.50		300m:	400m: 5:26.86
5.	LESSAGE, Marie	03	ENLN	BEL	5:20.11	<b>5:29.32</b>	
	50m: 35.63	35.63	150m:			250m:	350m:
	100m: 1:15.48	39.85	200m:	2:38.56		300m:	400m: 5:29.32
6.	RONDEAU, Lola	03	ENLN	BEL	5:31.62	<b>5:34.68</b>	
	50m: 38.00	38.00	150m:			250m:	350m:
	100m: 1:19.53	41.53	200m:	2:45.36		300m:	400m: 5:34.68

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 1, Dames, 400m Libre

14 ans

1. TRIPIER, Cassandra	02	DM	BEL	4:59.88	<b>4:53.81</b>		
50m: 33.98	33.98	150m:		250m:		350m:	
100m: 11:10.16	10:36.18	200m: 2:25.16		300m:		400m: 4:53.81	
2. MICHELS, Chloé	02	DM	BEL	4:47.62	<b>4:55.35</b>		
50m: 33.65	33.65	150m:		250m:		350m:	
100m: 1:10.07	36.42	200m: 1:47.04		300m:		400m: 4:55.35	
3. SEBILLE, Chloé	02	ENLN	BEL	5:34.51	<b>5:31.19</b>	*	
50m: 37.20	37.20	150m:		250m:		350m:	
100m: 1:18.10	40.90	200m: 2:43.03		300m:		400m: 5:31.19	
4. MICHOT, Alice	02	ENLN	BEL	5:41.40	<b>5:45.44</b>	*	
50m: 38.02	38.02	150m:		250m:		350m:	
100m: 1:20.83	42.81	200m: 2:48.27		300m:		400m: 5:45.44	

15 ans

1. BACCAUW, Margaux	01	BCSG	BEL	5:10.03	<b>4:59.95</b>		
50m: 33.74	33.74	150m:		250m:		350m:	
100m: 1:11.25	37.51	200m: 1:49.71		300m:		400m: 4:59.95	
2. SCHWAB, Catherine	01	MHN	CAN	5:08.24	<b>5:09.69</b>		
50m: 34.78	34.78	150m:		250m:		350m:	
100m: 1:13.06	38.28	200m: 2:32.19		300m:		400m: 5:09.69	
3. BLOTHIAUX, Aline	01	BCSG	BEL	5:13.45	<b>5:16.70</b>		
50m: 33.45	33.45	150m:		250m:		350m:	
100m: 1:12.20	38.75	200m: 2:34.80		300m:		400m: 5:16.70	

16 ans

1. GHESQUIER, Romane	00	DM	BEL	4:39.70	<b>4:38.27</b>		
50m: 32.73	32.73	150m:		250m:		350m:	
100m: 1:07.90	35.17	200m: 2:19.62		300m:		400m: 4:38.27	
2. VAEL, Ornella	00	ENLN	BEL	5:23.87	<b>5:03.66</b>		
50m: 35.34	35.34	150m:		250m:		350m:	
100m: 1:14.47	39.13	200m: 2:32.75		300m:		400m: 5:03.66	
3. PIETTE, Britney	00	HELIOS	BEL	4:58.22	<b>5:14.45</b>	*	
50m: 34.95	34.95	150m:		250m:		350m:	
100m: 1:13.28	38.33	200m: 2:33.06		300m:		400m: 5:14.45	

forf.nd. DELADRIER, Margault 00 BCSG BEL 5:01.51

17 - 18 ans

1. VANDEN ABEELE, Syl	99	DM	BEL	4:43.48	<b>4:43.03</b>		
50m: 32.50	32.50	150m:		250m:		350m:	
100m: 1:07.81	35.31	200m: 2:19.66		300m:		400m: 4:43.03	

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 1, Dames, 400m Libre

19 ans et plus

1. HENNEBERT, Alyssa	96	ENLN	BEL	4:41.65	<b>4:46.16</b>		
50m:	33.00	33.00	150m:		250m:	350m:	
100m:	1:08.65	35.65	200m:	2:21.02	300m:	400m:	4:46.16

Epreuve 2  
22-10-16

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 5:52.14; 12: 5:31.44; 13: 5:18.02; 14: 5:08.08; 15: 5:02.30; 16: 4:58.03; 17: 4:49.51; 18: 4:42.49; 19 +: 4:31.51

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
<b>11 ans</b>							
1.	COUNOY, Félix	05	BCSG	BEL	5:05.23	<b>5:06.92</b>	
	50m:	34.52	34.52	150m:		250m:	350m:
	100m:	1:13.11	38.59	200m:	2:32.25	300m:	400m: 5:06.92
2.	LECOURT, Louis	05	EC	FRA	NT	<b>5:34.57</b>	
	50m:	26.34	26.34	150m:		250m:	350m:
	100m:	1:17.31	50.97	200m:	2:42.09	300m:	400m: 5:34.57
3.	SUTERA, Livio	05	BCSG	BEL	5:41.12	<b>5:38.35</b>	
	50m:	38.38	38.38	150m:		250m:	350m:
	100m:	1:21.03	42.65	200m:	2:47.74	300m:	400m: 5:38.35
4.	LAHAYE, Flavian	05	ENLN	BEL	6:30.92	<b>5:51.65</b>	
	50m:	35.37	35.37	150m:		250m:	350m:
	100m:	1:16.53	41.16	200m:	2:46.21	300m:	400m: 5:51.65

12 ans

1.	TRAPIER, Yann	04	DM	BEL	4:59.07	<b>5:10.07</b>	
	50m:	34.45	34.45	150m:		250m:	350m:
	100m:	1:12.93	38.48	200m:	2:32.40	300m:	400m: 5:10.07
2.	LECLERCQ, Justin	04	HELIOS	BEL	5:09.90	<b>5:12.27</b>	
	50m:	34.60	34.60	150m:		250m:	350m:
	100m:	1:13.45	38.85	200m:	2:34.23	300m:	400m: 5:12.27

13 ans

1.	IBBERSON, William	03	DM	BEL	4:42.56	<b>4:38.25</b>	
	50m:	31.62	31.62	150m:		250m:	350m:
	100m:	1:06.17	34.55	200m:	2:16.03	300m:	400m: 4:38.25
2.	HALLEZ, Logan	03	EC	BEL	5:18.56	<b>5:01.52</b>	
	50m:	32.24	32.24	150m:		250m:	350m:
	100m:	1:08.16	35.92	200m:	2:24.70	300m:	400m: 5:01.52
3.	LEROY, Thibo	03	EC	BEL	5:20.34	<b>5:02.50</b>	
	50m:	33.07	33.07	150m:		250m:	350m:
	100m:	1:10.11	37.04	200m:	2:28.26	300m:	400m: 5:02.50

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 2, Messieurs, 400m Libre

14 ans

1. VANHUYS, Matt	02	DM	BEL	4:40.04	<b>4:29.00</b>		
50m: 30.81	30.81	150m:		250m:		350m:	
100m: 1:04.79	33.98	200m: 2:14.14		300m:		400m: 4:29.00	
2. CARYN, Mathys	02	DM	BEL	4:41.95	<b>4:29.69</b>		
50m: 31.05	31.05	150m:		250m:		350m:	
100m: 1:05.26	34.21	200m: 2:14.22		300m:		400m: 4:29.69	
3. DEBAVEYE, Theo	02	EC	BEL	5:10.34	<b>4:51.87</b>		
50m: 33.47	33.47	150m:		250m:		350m:	
100m: 1:09.72	36.25	200m: 2:23.37		300m:		400m: 4:51.87	
4. MIKUS, Loïc	02	BCSG	BEL	5:06.72	<b>4:56.09</b>		
50m: 33.03	33.03	150m:		250m:		350m:	
100m: 1:08.87	35.84	200m: 2:23.90		300m:		400m: 4:56.09	
5. LIMBIOUL, Thomas	02	HELIOS	BEL	5:08.54	<b>5:05.11</b>		
50m: 34.99	34.99	150m:		250m:		350m:	
100m: 1:13.17	38.18	200m: 2:30.31		300m:		400m: 5:05.11	
6. HALLEZ, Alan	02	EC	BEL	5:14.93	<b>5:05.78</b>		
50m: 32.19	32.19	150m:		250m:		350m:	
100m: 1:16.04	43.85	200m: 2:28.41		300m:		400m: 5:05.78	

15 ans

1. MESTDAGH, Vianney	01	DM	BEL	4:39.81	<b>4:31.21</b>		
50m: 31.24	31.24	150m:		250m:		350m:	
100m: 1:05.17	33.93	200m: 2:14.58		300m:		400m: 4:31.21	
2. BOXUS, Thomas	01	HELIOS	BEL	4:37.33	<b>4:31.41</b>		
50m: 31.43	31.43	150m:		250m:		350m:	
100m: 1:05.21	33.78	200m: 2:14.83		300m:		400m: 4:31.41	
3. MADARASZ, Loris	01	HELIOS	BEL	4:55.68	<b>4:49.73</b>		
50m: 33.18	33.18	150m:		250m:		350m:	
100m: 1:09.34	36.16	200m: 2:23.21		300m:		400m: 4:49.73	
4. GREGOIRE, Juan	01	ENLN	BEL	5:02.74	<b>4:50.89</b>		
50m: 31.57	31.57	150m:		250m:		350m:	
100m: 1:07.07	35.50	200m: 2:21.31		300m:		400m: 4:50.89	
5. BURETTE, Lucas	01	EC	FRA	NT	<b>5:03.81</b>	*	
50m: 32.51	32.51	150m:		250m:		350m:	
100m: 1:09.35	36.84	200m: 2:26.87		300m:		400m: 5:03.81	
6. MICHOT, Baptiste	01	ENLN	BEL	5:15.67	<b>5:18.47</b>	*	
50m: 33.91	33.91	150m:		250m:		350m:	
100m: 1:12.69	38.78	200m: 2:33.53		300m:		400m: 5:18.47	

16 ans

1. FAELENS, Theo	00	EC	BEL	4:18.88	<b>4:22.69</b>		
50m: 29.66	29.66	150m:		250m:		350m:	
100m: 1:02.57	32.91	200m: 2:09.71		300m:		400m: 4:22.69	

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 2, Garçons, 400m Libre, 16 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
2.	LEROY, Theo	00	EC	BEL	4:39.03	<b>4:31.10</b>	
	50m:	31.19	31.19	150m:		250m:	350m:
	100m:	1:05.22	34.03	200m:	2:14.97	300m:	400m: 4:31.10
3.	BAGHDADI, Amine	00	HELIOS	BEL	4:47.38	<b>4:47.94</b>	
	50m:	32.91	32.91	150m:		250m:	350m:
	100m:	1:08.66	35.75	200m:	2:21.97	300m:	400m: 4:47.94
4.	LUSIAU, Kylian	00	HELIOS	BEL	5:48.72	<b>5:35.55</b>	*
	50m:	38.28	38.28	150m:		250m:	350m:
	100m:	1:20.03	41.75	200m:	2:46.62	300m:	400m: 5:35.55
forf.déc.	RICKER, Adrien	00	ENLN	BEL	NT		

17 - 18 ans

forf.déc. COUNOY, Hugo 99 BCSG BEL 4:41.51

19 ans et plus

1.	DUBUC, Armand	97	EC	BEL	4:20.32	<b>4:25.25</b>	
	50m:	29.15	29.15	150m:		250m:	350m:
	100m:	1:01.53	32.38	200m:	2:08.93	300m:	400m: 4:25.25
2.	PEREZ, Leo	94	EC	BEL	NT	<b>4:41.27</b>	*
	50m:	30.52	30.52	150m:		250m:	350m:
	100m:	1:03.97	33.45	200m:	2:15.31	300m:	400m: 4:41.27

Epreuve 3  
22-10-16

Dames, 800m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 12:25.61; 12: 11:48.78; 13: 11:21.50; 14: 11:05.91; 15: 10:52.86; 16: 10:39.82; 17: 10:32.78; 18: 10:20.51; 19 +: 10:17.38

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
11 ans							
1.	DRUEZ, Lena	05	BCSG	BEL	11:55.70	<b>11:35.46</b>	
	50m:	40.14	40.14	250m:		450m:	650m:
	100m:	1:24.68	44.54	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:52.89		400m:	5:51.43	600m:	800m: 11:35.46
2.	CAULIER, Jeanne	05	ESP	BEL	NT	<b>11:45.28</b>	
	50m:	37.03	37.03	250m:		450m:	650m:
	100m:	1:19.04	42.01	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:45.78		400m:	5:45.43	600m:	800m: 11:45.28
3.	HAUTENAUVE, Julie	05	ENLN	BEL	NT	<b>12:19.05</b>	
	50m:	41.94	41.94	250m:		450m:	650m:
	100m:	1:27.51	45.57	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	3:00.20		400m:	6:08.40	600m:	800m: 12:19.05

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 3, Filles, 800m Libre, 11 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
4.	SMETTE, Maïa	05	ESP	BEL	NT	<b>13:31.78</b>	*
	50m:	41.71	41.71	250m:		450m:	650m:
	100m:	1:31.36	49.65	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	3:12.93		400m:	6:41.53	600m:	800m: 13:31.78

12 ans

1.	ZINQUE, Krissanthy	04	ENLN	BEL	11:28.80	<b>11:28.97</b>	
	50m:	37.90	37.90	250m:		450m:	650m:
	100m:	1:20.78	42.88	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:47.11		400m:	5:42.18	600m:	800m: 11:28.97

13 ans

1.	VALLÉE, Laurane	03	ESP	BEL	9:55.49	<b>9:37.71</b>	
	50m:	32.95	32.95	250m:		450m:	650m:
	100m:	1:08.69	35.74	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:20.38		400m:	4:46.82	600m:	800m: 9:37.71
2.	DAL, Marie	03	DM	BEL	9:57.69	<b>9:59.59</b>	
	50m:	33.82	33.82	250m:		450m:	650m:
	100m:	1:10.21	36.39	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:25.49		400m:	4:57.37	600m:	800m: 9:59.59
3.	GREGOIRE, Marion	03	ENLN	BEL	11:23.33	<b>10:52.07</b>	
	50m:	36.82	36.82	250m:		450m:	650m:
	100m:	1:17.38	40.56	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:39.28		400m:	5:24.39	600m:	800m: 10:52.07

14 ans

1.	CALET, Perrine	02	DM	BEL	9:28.95	<b>9:34.96</b>	
	50m:	33.07	33.07	250m:		450m:	650m:
	100m:	1:08.49	35.42	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:20.03		400m:	4:45.78	600m:	800m: 9:34.96
2.	PHANVINAKUL, Emilie	02	CNT	BEL	NT	<b>10:33.38</b>	
	50m:	34.93	34.93	250m:		450m:	650m:
	100m:	1:14.58	39.65	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:35.12		400m:	5:14.97	600m:	800m: 10:33.38

15 ans

1.	VISÉE, Chloé	01	BCSG	BEL	10:22.78	<b>10:23.87</b>	
	50m:	34.75	34.75	250m:		450m:	650m:
	100m:	1:12.06	37.31	300m:		500m:	700m:
	150m:			350m:		550m:	750m:
	200m:	2:31.25		400m:	5:10.81	600m:	800m: 10:23.87

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 4  
22-10-16

Messieurs, 800m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 12:05.77; 12: 11:17.86; 13: 10:43.63; 14: 10:19.18; 15: 10:09.00; 16: 10:03.34; 17: 9:47.92; 18: 9:36.55; 19 +: 9:28.22

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
12 ans							
1.	LYSEN, Cyril	04	CNT	BEL	NT	<b>9:47.64</b>	
	50m: 33.21	33.21	250m:		450m:	650m:	
	100m: 1:09.78	36.57	300m:		500m:	700m:	
	150m:		350m:		550m:	750m:	
	200m: 2:25.11		400m: 4:56.46		600m:	800m: 9:47.64	

13 ans

1.	LECROART, Théo	03	DM	BEL	10:19.48	<b>9:48.89</b>	
	50m: 32.84	32.84	250m:		450m:	650m:	
	100m: 1:09.46	36.62	300m:		500m:	700m:	
	150m:		350m:		550m:	750m:	
	200m: 22:23.51		400m: 4:52.85		600m:	800m: 9:48.89	

Epreuve 5  
22-10-16

Dames, 1500m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 24:46.34; 12: 23:33.00; 13: 22:38.67; 14: 22:07.63; 15: 21:41.65; 16: 21:15.67; 17: 21:01.66; 18: 20:37.23; 19 +: 20:31.00

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
11 ans							
1.	UISSANT, Lise	05	CCM	BEL	NT	<b>22:08.36</b>	
	50m: 38.56	38.56	450m:		850m:	1250m:	
	100m: 1:21.36	42.80	500m:		900m:	1300m:	
	150m:		550m:		950m:	1350m:	
	200m: 2:48.93		600m:		1000m:	1400m:	
	250m:		650m:		1050m:	1450m:	
	300m:		700m:		1100m:	1500m: 22:08.36	
	350m:		750m:		1150m:		
	400m: 5:39.73		800m: 11:41.05		1200m:		
2.	DUBREUCQ, Magdalena	05	BCSG	BEL	23:23.17	<b>22:22.77</b>	
	50m: 37.10	37.10	450m:		850m:	1250m:	
	100m: 1:18.99	41.89	500m:		900m:	1300m:	
	150m:		550m:		950m:	1350m:	
	200m: 2:46.46		600m:		1000m:	1400m:	
	250m:		650m:		1050m:	1450m:	
	300m:		700m:		1100m:	1500m: 22:22.77	
	350m:		750m:		1150m:		
	400m: 5:42.80		800m: 11:47.63		1200m:		

14 ans

championnats de district de fond et demi-fpnd  
Comines, 22-10-2016

Epreuve 5, Filles, 1500m Libre, 14 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
1.	CALET, Perrine	02	DM	BEL	18:39.57	<b>18:16.45</b>	
	50m:	33.66	33.66	450m:		850m:	1250m:
	100m:	1:09.63	35.97	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:			600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 18:16.45
	350m:			750m:		1150m:	
	400m:	4:49.77		800m:	9:44.85	1200m:	

15 ans

1.	BACCAUW, Margaux	01	BCSG	BEL	NT	<b>20:16.67</b>	
	50m:	34.53	34.53	450m:		850m:	1250m:
	100m:	1:13.21	38.68	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:33.74		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 20:16.67
	350m:			750m:		1150m:	
	400m:	5:16.39		800m:	10:45.31	1200m:	
2.	BLOTHIAUX, Aline	01	BCSG	BEL	21:31.35	<b>21:14.90</b>	
	50m:	36.11	36.11	450m:		850m:	1250m:
	100m:	1:16.02	39.91	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:36.18		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 21:14.90
	350m:			750m:		1150m:	
	400m:	5:29.38		800m:	11:12.49	1200m:	

17 - 18 ans

1.	BACCAUW, Manon	98	BCSG	BEL	20:25.19	<b>20:21.20</b>	
	50m:	35.49	35.49	450m:		850m:	1250m:
	100m:	1:14.67	39.18	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:35.92		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 20:21.20
	350m:			750m:		1150m:	
	400m:	5:17.85		800m:	10:46.35	1200m:	



championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 6  
22-10-16

Messieurs, 1500m Libre

11 ans et plus  
Liste résultats

temps 2016 11: 22:19.46; 12: 21:00.82; 13: 20:09.85; 14: 19:32.09; 15: 19:21.31; 16: 19:10.52; 17: 18:41.12; 18: 18:19.46; 19 +: 18:03.57

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
<b>11 ans</b>							
1.	COUNOY, Félix	05	BCSG	BEL	NT	<b>19:53.23</b>	
	50m:	36.48	36.48	450m:		850m:	1250m:
	100m:	1:16.51	40.03	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:35.81		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 19:53.23
	350m:			750m:		1150m:	
	400m:	5:16.34		800m:	10:40.16	1200m:	
2.	PINGITORE, Ilario	05	CCM	BEL	NT	<b>21:49.91</b>	
	50m:	35.67	35.67	450m:		850m:	1250m:
	100m:	1:16.68	41.01	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:41.09		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 21:49.91
	350m:			750m:		1150m:	
	400m:	5:34.12		800m:	11:30.01	1200m:	
<b>13 ans</b>							
1.	IBBERSON, William	03	DM	BEL	18:40.22	<b>18:29.77</b>	
	50m:	32.32	32.32	450m:		850m:	1250m:
	100m:	1:08.23	35.91	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:21.07		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 18:29.77
	350m:			750m:		1150m:	
	400m:	4:49.05		800m:	9:48.43	1200m:	
2.	LECROART, Théo	03	DM	BEL	19:25.78	<b>18:49.25</b>	
	50m:	33.75	33.75	450m:		850m:	1250m:
	100m:	1:10.75	37.00	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:25.89		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 18:49.25
	350m:			750m:		1150m:	
	400m:	4:57.11		800m:	9:59.03	1200m:	
3.	CHARCHAR, Romain	03	BCSG	BEL	21:27.17	<b>20:40.66</b>	*
	50m:	37.88	37.88	450m:		850m:	1250m:
	100m:	1:17.38	39.50	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:39.69		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 20:40.66
	350m:			750m:		1150m:	
	400m:	5:25.69		800m:	10:58.13	1200m:	

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 6, Messieurs, 1500m Libre

14 ans

1. KRZYSZTYNSKI, Jan	02	MHN	POL 18:19.54	<b>17:33.71</b>	
50m:	31.13	31.13	450m:	850m:	1250m:
100m:	1:05.00	33.87	500m:	900m:	1300m:
150m:			550m:	950m:	1350m:
200m:	2:14.23		600m:	1000m:	1400m:
250m:			650m:	1050m:	1450m:
300m:			700m:	1100m:	1500m: 17:33.71
350m:			750m:	1150m:	
400m:	4:35.36		800m: 9:16.25	1200m:	
2. VANHUYS, Matt	02	DM	BEL NT	<b>18:08.06</b>	
50m:	32.69	32.69	450m:	850m:	1250m:
100m:	1:09.16	36.47	500m:	900m:	1300m:
150m:			550m:	950m:	1350m:
200m:	2:21.84		600m:	1000m:	1400m:
250m:			650m:	1050m:	1450m:
300m:			700m:	1100m:	1500m: 18:08.06
350m:			750m:	1150m:	
400m:	4:48.41		800m: 9:40.66	1200m:	

15 ans

1. FOUBERT, Sandy	01	CCM	BEL NT	<b>19:19.23</b>	
50m:	34.73	34.73	450m:	850m:	1250m:
100m:	1:12.37	37.64	500m:	900m:	1300m:
150m:			550m:	950m:	1350m:
200m:	2:29.94		600m:	1000m:	1400m:
250m:			650m:	1050m:	1450m:
300m:			700m:	1100m:	1500m: 19:19.23
350m:			750m:	1150m:	
400m:	5:04.48		800m: 10:16.05	1200m:	

16 ans

1. RUELLE, Thibault	00	CCM	BEL 16:40.42	<b>16:40.14</b>	
50m:	29.23	29.23	450m:	850m:	1250m:
100m:	1:00.94	31.71	500m:	900m:	1300m:
150m:			550m:	950m:	1350m:
200m:	2:06.20		600m:	1000m:	1400m:
250m:			650m:	1050m:	1450m:
300m:			700m:	1100m:	1500m: 16:40.14
350m:			750m:	1150m:	
400m:	4:16.80		800m: 8:42.62	1200m:	
2. FOURNEAU, Liam	00	CCM	BEL 17:06.49	<b>16:57.50</b>	
50m:	29.50	29.50	450m:	850m:	1250m:
100m:	1:01.71	32.21	500m:	900m:	1300m:
150m:			550m:	950m:	1350m:
200m:	3:07.39		600m:	1000m:	1400m:
250m:			650m:	1050m:	1450m:
300m:			700m:	1100m:	1500m: 16:57.50
350m:			750m:	1150m:	
400m:	4:20.85		800m: 8:57.53	1200m:	

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 6, Garçons, 1500m Libre, 16 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
3.	GLINEUR, Raphaël	00	CCM	BEL	17:51.15	<b>17:31.98</b>	
	50m:	31.48	31.48	450m:		850m:	1250m:
	100m:	1:05.34	33.86	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:14.41		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 17:31.98
	350m:			750m:		1150m:	
	400m:	4:33.91		800m:	9:14.31	1200m:	
4.	LEROY, Theo	00	EC	BEL	NT	<b>17:49.32</b>	
	50m:	32.31	32.31	450m:		850m:	1250m:
	100m:	1:08.88	36.57	500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:21.78		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 17:49.32
	350m:			750m:		1150m:	
	400m:	4:46.81		800m:	9:35.97	1200m:	
5.	FAELEN, Theo	00	EC	BEL	17:08.78	<b>18:00.33</b>	
	50m:	30.15	30.15	450m:		850m:	1250m:
	100m:			500m:		900m:	1300m:
	150m:			550m:		950m:	1350m:
	200m:	2:12.36		600m:		1000m:	1400m:
	250m:			650m:		1050m:	1450m:
	300m:			700m:		1100m:	1500m: 18:00.33
	350m:			750m:		1150m:	
	400m:	4:32.51		800m:	9:17.61	1200m:	

17 - 18 ans

forf.déc. COUNOY, Hugo 99 BCSG BEL 18:50.80

Epreuve 7  
22-10-16

Dames, 400m 4 nages

12 ans et plus  
Liste résultats

temps 2016 12: 7:03.40; 13: 6:45.44; 14: 6:35.18; 15: 6:23.53; 16: 6:13.83; 17: 6:09.18; 18: 6:00.42; 19 +: 5:55.17

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
1.	BOUTTIQUE, Marie	04	EC	BEL	NT	<b>6:37.09</b>	
	50m:	49.91	49.91	150m:		250m:	350m:
	100m:	1:48.52	58.61	200m:		300m:	400m: 6:37.09

disq. LOOSVELDT, Vinciane 04 EC FRA NT  
*SW 7.6. - arrivée ou virage à 1 main ou 2 mains non simultanément et ou non séparée, Virage brasse à 1 main*

13 ans

1.	DAL, Marie	03	DM	BEL	5:34.08	<b>5:29.07</b>	
	50m:	35.59	35.59	150m:		250m:	350m:
	100m:	1:17.13	41.54	200m:		300m:	400m: 5:29.07

championnats de district de fond et demi-fpnd  
Comines, 22-10-2016

Epreuve 7, Filles, 400m 4 nages, 13 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
2.	BRAL, Marie	03	DM	BEL	5:57.00	<b>5:52.90</b>	
	50m:	37.91	37.91	150m:		250m:	350m:
	100m:	1:23.26	45.35	200m:		300m:	400m: 5:52.90
disq.	SALTYSIAK, Maria	03	MHN	USA	NT		
	<i>SW 9.3 - la fin de chaque style n'est pas conforme à la règle de la nage de son parcours, Ne pas être sur le dos à la fin du parc</i>						

14 ans

1.	MICHELS, Chloé	02	DM	BEL	5:22.40	<b>5:21.13</b>	
	50m:	35.65	35.65	150m:		250m:	350m:
	100m:	1:16.39	40.74	200m:		300m:	400m: 5:21.13
2.	TRIPPIER, Cassandra	02	DM	BEL	5:29.18	<b>5:22.63</b>	
	50m:	34.66	34.66	150m:		250m:	350m:
	100m:	1:15.88	41.22	200m:		300m:	400m: 5:22.63

15 ans

1.	VISÉE, Chloé	01	BCSG	BEL	5:50.40	<b>5:47.19</b>	
	50m:	38.87	38.87	150m:		250m:	350m:
	100m:	1:24.94	46.07	200m:		300m:	400m: 5:47.19
2.	SCHWAB, Catherine	01	MHN	CAN	5:36.99	<b>5:52.04</b>	
	50m:	36.13	36.13	150m:		250m:	350m:
	100m:	1:17.56	41.43	200m:		300m:	400m: 5:52.04

16 ans

1.	GHESQUIER, Romane	00	DM	BEL	5:09.29	<b>5:03.88</b>	
	50m:	34.02	34.02	150m:		250m:	350m:
	100m:	1:12.59	38.57	200m:		300m:	400m: 5:03.88
2.	PIETTE, Britney	00	HELIOS	BEL	5:49.75	<b>5:43.12</b>	
	50m:	38.17	38.17	150m:		250m:	350m:
	100m:	1:24.06	45.89	200m:		300m:	400m: 5:43.12
forf.nd.	DELADRIER, Margault	00	BCSG	BEL	5:49.45		

17 - 18 ans

1.	VANDEN ABEELE, Syl	99	DM	BEL	5:21.33	<b>5:18.06</b>	
	50m:	33.61	33.61	150m:		250m:	350m:
	100m:	1:14.81	41.20	200m:		300m:	400m: 5:18.06

championnats de district de fond et demi-fond  
Comines, 22-10-2016

Epreuve 8  
22-10-16

Messieurs, 400m 4 nages

12 ans et plus  
Liste résultats

temps 2016 12: 6:52.65; 13: 6:28.72; 14: 6:12.94; 15: 5:59.13; 16: 5:47.19; 17: 5:37.93; 18: 5:29.97; 19 +: 5:17.31

Points:

PL	Nom	An.	Club	Nat	Q-T	result	FINA
<b>12 ans</b>							
1.	TRAPIER, Yann	04	DM	BEL	5:35.56	<b>5:28.03</b>	
	50m: 35.49	35.49	150m:			250m:	350m:
	100m: 1:17.59	42.10	200m:			300m:	400m: 5:28.03
2.	LECLERCQ, Justin	04	HELIOS	BEL	6:27.54	<b>6:05.83</b>	
	50m: 41.41	41.41	150m:			250m:	350m:
	100m: 1:30.48	49.07	200m:			300m:	400m: 6:05.83
<b>13 ans</b>							
1.	VANDAMME, Hugo	03	DM	BEL	5:32.08	<b>5:27.13</b>	
	50m: 36.09	36.09	150m:			250m:	350m:
	100m: 1:19.03	42.94	200m:			300m:	400m: 5:27.13
2.	LEROY, Thibo	03	EC	BEL	6:12.53	<b>5:34.52</b>	
	50m: 36.91	36.91	150m:			250m:	350m:
	100m: 1:21.94	45.03	200m:			300m:	400m: 5:34.52
3.	HALLEZ, Logan	03	EC	BEL	6:02.84	<b>5:37.88</b>	
	50m: 34.99	34.99	150m:			250m:	350m:
	100m: 1:14.13	39.14	200m:			300m:	400m: 5:37.88
4.	CHARCHAR, Romain	03	BCSG	BEL	6:10.62	<b>6:08.47</b>	
	50m: 40.61	40.61	150m:			250m:	350m:
	100m: 1:29.58	48.97	200m:			300m:	400m: 6:08.47
<b>14 ans</b>							
1.	CARYN, Mathys	02	DM	BEL	5:15.70	<b>5:02.65</b>	
	50m: 32.08	32.08	150m:			250m:	350m:
	100m: 1:09.38	37.30	200m:			300m:	400m: 5:02.65
2.	VANHUYS, Matt	02	DM	BEL	5:31.51	<b>5:13.19</b>	
	50m: 33.15	33.15	150m:			250m:	350m:
	100m: 1:12.40	39.25	200m:			300m:	400m: 5:13.19
3.	DEBAVEYE, Theo	02	EC	BEL	5:55.57	<b>5:35.18</b>	
	50m: 34.40	34.40	150m:			250m:	350m:
	100m: 1:14.78	40.38	200m:			300m:	400m: 5:35.18
4.	LIMBIOUL, Thomas	02	HELIOS	BEL	5:58.37	<b>5:35.82</b>	
	50m: 38.26	38.26	150m:			250m:	350m:
	100m: 1:23.17	44.91	200m:			300m:	400m: 5:35.82
5.	HALLEZ, Alan	02	EC	BEL	NT	<b>5:39.60</b>	
	50m: 36.37	36.37	150m:			250m:	350m:
	100m: 1:18.25	41.88	200m:			300m:	400m: 5:39.60
6.	SALTYSIAK, Ponce	02	MHN	USA	5:52.65	<b>5:39.70</b>	
	50m: 34.43	34.43	150m:			250m:	350m:
	100m: 1:15.16	40.73	200m:			300m:	400m: 5:39.70

championnats de district de fond et demi-fpnd  
Comines, 22-10-2016

Epreuve 8, Garçons, 400m 4 nages, 14 ans

PL	Nom	An.	Club	Nat	Q-T	result	FINA
7.	MIKUS, Loïc	02	BCSG	BEL	5:44.34	<b>5:45.04</b>	
	50m:	36.83	36.83	150m:		250m:	350m:
	100m:	1:22.36	45.53	200m:		300m:	400m: 5:45.04

15 ans

1.	MESTDAGH, Vianney	01	DM	BEL	5:05.29	<b>5:01.64</b>	
	50m:	32.84	32.84	150m:		250m:	350m:
	100m:	1:10.14	37.30	200m:		300m:	400m: 5:01.64
2.	BOXUS, Thomas	01	HELIOS	BEL	5:30.36	<b>5:09.02</b>	
	50m:	33.39	33.39	150m:		250m:	350m:
	100m:	1:12.78	39.39	200m:		300m:	400m: 5:09.02
3.	MADARASZ, Loris	01	HELIOS	BEL	5:37.58	<b>5:19.05</b>	
	50m:	33.37	33.37	150m:		250m:	350m:
	100m:	1:12.09	38.72	200m:		300m:	400m: 5:19.05
4.	BURETTE, Lucas	01	EC	FRA	6:28.29	<b>5:33.63</b>	
	50m:	36.48	36.48	150m:		250m:	350m:
	100m:	1:18.85	42.37	200m:		300m:	400m: 5:33.63

16 ans

1.	LUSIAU, Kylian	00	HELIOS	BEL	7:12.81	<b>7:00.22</b>	*
	50m:	45.79	45.79	150m:		250m:	350m:
	100m:	1:40.97	55.18	200m:		300m:	400m: 7:00.22

19 ans et plus

1.	DUBUC, Armand	97	EC	BEL	4:45.98	<b>4:53.24</b>	
	50m:	29.82	29.82	150m:		250m:	350m:
	100m:	1:05.75	35.93	200m:		300m:	400m: 4:53.24
2.	PEREZ, Leo	94	EC	BEL	4:57.48	<b>5:18.59</b>	*
	50m:	30.84	30.84	150m:		250m:	350m:
	100m:	1:07.30	36.46	200m:		300m:	400m: 5:18.59